

Children's Workshop

Eat your Weeds & Flowers

Sunday, February 15, 2026

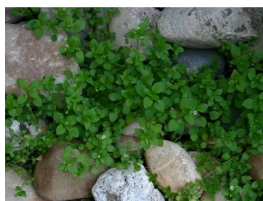
Two classes offered – 10:30 am and 1:00 pm

London Civic Garden Complex - 625 Springbank Drive

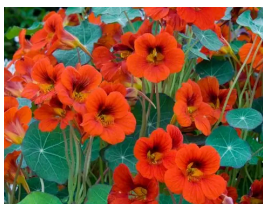
Wheel Chair accessible



CALENDULA



CHICKWEED



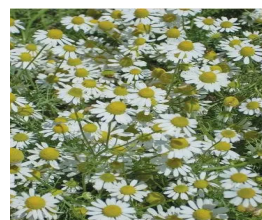
NASTURTium

Can you grow & eat weeds & flowers?
Find out at this fun & informative workshop.
Plant your very own edible garden!

Guest Speaker: Brenda Gallagher
UTRCA Forestry Technician (Vegetation)
And Author "Healing Wisdom of N. A. Trees"

All materials will be supplied:
Decorated pot, plants and accessories

Flower photos: by Richters Herbs



CHAMOMILE



MALLOW



AMARANTH

Minimum Age: 5 + yrs. old

... and those who
are young at heart

Children must be
accompanied by an adult
*Please no more than
one adult per child*

Pre-Register: \$15/ child

Email: cchaulk60@gmail.com Tel: 519-852-4077

More info at > www.friendslcgc.com & Facebook!

